

Diffuser Blend

## *Mood Booster*

A blend that helps lighten the mood, and decrease irritability..

3 drops Frankincense  
4 drops Sweet Orange  
4 drops Bergamot

Add to a diffuser or aromatherapy inhaler.  
To apply topically, add 6 drops to 10 ml carrier oil.

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Diffuser Blend

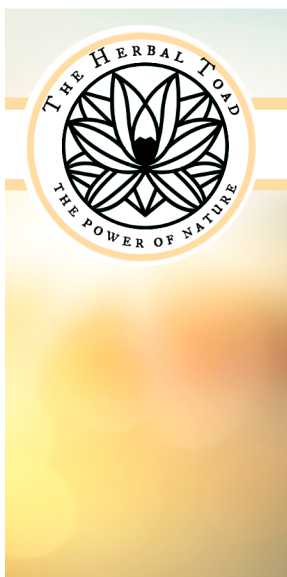
## *Kid's Sleep Blend*

A blend that helps your child get quality sleep.

3 drops Lavender  
3 drops Marjoram  
2 drops Clary Sage

Add to a diffuser.  
For topical use, add 6 drops to 10 ml carrier oil.

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## *Room Freshener*

A blend that cleans and freshens the air.

4 drops Tea Tree  
4 drops Lemon  
2 drops Lemon Eucalyptus

Add to a diffuser.

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